#### **VL/HCC 2025**

## Designing Conversational AI to Support Think-Aloud Practice in Technical Interview Preparation for CS Students

**Taufiq Daryanto,** Sophia Stil, Xiaohan Ding, Daniel Manesh, Sang Won Lee, Tim Lee, Stephanie Lunn, Sarah Rodriguez, Chris Brown, Eugenia Rho







## **Technical Interviews**

A specific job interview that requires candidates to write code that solves programming challenges while simultaneously think-aloud/think out loud (Aziz et al., 2012)

## **Think Aloud in Technical Interviews**



Think-aloud involves verbalizing interviewee's problem-solving approach to the interviewer while working through a coding task (McDowell, 2013).

## **Think Aloud in Technical Interviews**



Why it matters: Interviewers evaluate not only technical ability but also how candidates approach problems and communicate their thought process (Ford et al., 2017).

#### Think Aloud in Technical Interviews

- Why it matters: Interviewers evaluate not only technical ability but also how candidates approach problems and communicate their thought process (Ford et al., 2017).
- Challenge: The think-aloud process often becomes a major source of stress for candidates (Behroozi et al., 2020).

### **Common Preparation Tools Do Not Support Think-Aloud Practice**



Common coding platforms such as LeetCode and HackerRank focus solely on problem-solving, without facilitating think-aloud practice.

## **Leveraging Conversational AI for Interview Practice**

 Prior work has shown that LLM-based conversational AI can facilitate interview practice

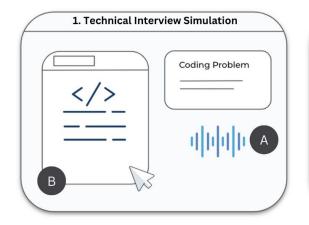
## **Leveraging Conversational AI for Interview Practice**

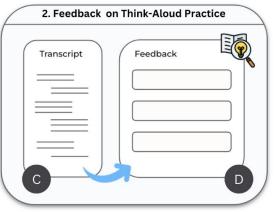
- Prior work has shown that LLM-based conversational AI can facilitate interview practice
- However existing research on conversational AI has largely focused on general interview practice and communication training, leaving the specific domain technical interview practice underexplored

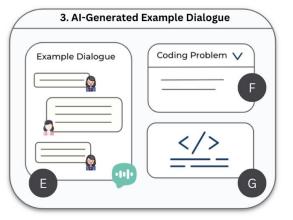
RQ: How do users perceive the role of conversational Alfor think-aloud practice in tech interview preparation?

## Facilitating Think-Aloud Practice in Tech Interviews

We developed a technology probe in the form of an LLM-based technical interview practice tool to better elicit users' insights on how AI can support think-aloud practice.







#### System Design

#### 1. Technical Interview Simulation

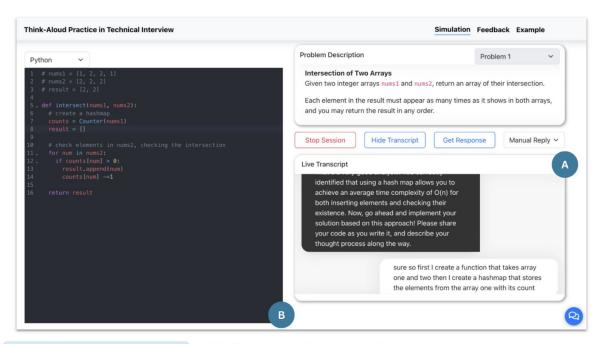


Fig. 1: **Technical Interview Simulation**. AI-facilitated mock interview tool that simulates a technical interview experience through (A) voice-based natural conversation. The interaction flow mimics an actual technical interview, beginning with the AI interviewer asking questions, followed by user responses. During this interaction, users can type code in an (B) integrated editor while verbally *think-aloud* explaining their thoughts and solutions.

#### System Design

#### 2. Feedback on Think-Aloud Practice

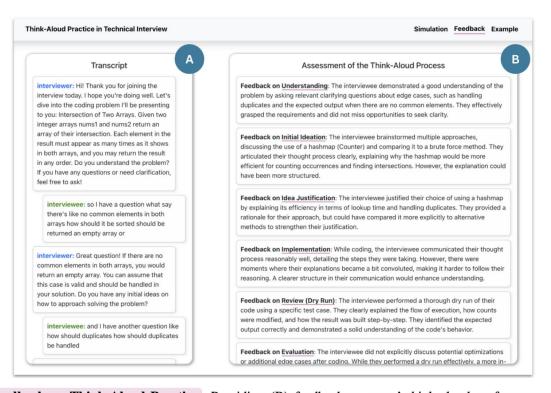


Fig. 2: AI Feedback on Think-Aloud Practice. Providing (B) feedback on users' think-aloud performance based on the interview simulation (A) transcript.

#### System Design

## 3. Al-Generated Think-Aloud Example Dialogue

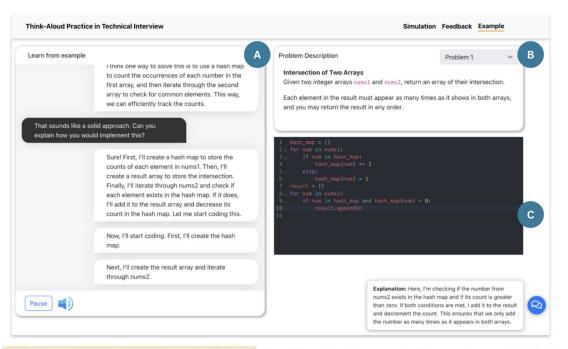


Fig. 3: AI-Generated Think-Aloud Example Dialogue. Providing (A) AI-generated dialogues that model thinking aloud during a technical interview for each (B) coding problem. The goal is to help users learn from examples relevant to their current task and better articulate their thought processes. The feature also includes a step-by-step (C) code solution alongside the dialogue, with each utterance displayed sequentially and accompanied by voice output.

## **User Study**

- Method: Participants used the tool, followed by semi-structured interviews to gather insights on using AI for think-aloud practice.
- Participants: 17 CS students (10 men, 7 women; 13 undergrads, 4 grads)
  with varied interview experience

# **Findings**

## **Finding 1: Technical Interview Simulations**

Al Facilitate Think-Aloud Practice Through Interactive Conversation

#### Concerns About Overly Positive Al Interviewers

- A few users noted that the AI interviewer was overly positive
- Suggested adding customizable AI personas to reflect diverse interviewer styles

## Finding 2: AI Feedback on Think-Aloud Practice

#### Providing Feedback Beyond Verbal Content Analysis

 e.g. suggestion to provide feedback on balancing time between thinking, talking, and coding (P17)

#### Framing Feedback to Improve Trust

 suggestion on framing the feedback from a third-person interviewer perspective rather than directly from AI (P14)

## Finding 3: Al-Generated Example of Technical Interview Dialogues

#### Vicarious Learning Through Al-Generated Examples Allow Self-Evaluation

 "Conversation examples are more helpful than just someone telling the logic" - P6

#### Unrealistic Al-Generated Examples Can Discourage Learners

- "The answer is too good to be true because I don't think in any real interview, even if you are very good at coding interviews [...] you are going to have this exact, very organized line of thought." - P3
- Suggestion on human-AI collaborative crowdsourcing approach: "crowdsource [examples] from users simulations with AI" (P14)

## Finding 4: Supporting Inclusion and Addressing Intersectional Challenges

#### Promoting Equal Access Through Al-Assisted Technical Interview Practice

 "I don't have a lot of female friends who are in computer science ... so having a tool like this ... would allow for more people to have access to [practice]." - P11

#### Intersectional Challenges in AI-Assisted Think-Aloud Practice

"I'm not a native speaker, ... English is not my first language. So sometimes I'm like, 'Yeah, sorry, blah blah.' [So] in the feedback, it says, 'You are very unsure.'... But I think [there should be a] room for error."
 P3

## Rethinking the Role of AI in Technical Interview Practice

Prior works in interview practice has primarily focused on developing Al interviewers as stand-alone practice partners. Including our work. While such systems can provide practice opportunities, however:

Should the primary goal of these systems be to entirely replace human practice partners?

## Rethinking the Role of AI in Technical Interview Practice

- Some users mentioned that practicing with friends is more enjoyable and experienced a stronger human connection
- However practicing with peer is "more laid back because there is no one pressuring you [and that] they usually don't give great feedback." - P17

## Rethinking the Role of AI in Technical Interview Practice

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Future Direction: Leveraging Human-Al Collaboration "Instead of just relying on the AI ... you can basically just have the interview going on between the two people. And then, the AI interviewer goes over their feedback ... because [the AI feedback] already has a lot of detailed information that extends further into the actual code as well as the talk aloud portion. So I think that helps bring both worlds together because you're getting both the human interaction as well as the AI portion" - P17

## Thank you!

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## **Design Implications**

- 1. Technical Interview Simulation
  - a. Designing for social presence: turn-taking and emotional reciprocity
- AI Feedback on Think-Aloud Practice
  - a. Feedback on balancing time between thinking, talking, and coding
  - b. Framing of feedback: AI as a mediator, not authority
- 3. Al-Generated Think-Aloud Example Dialogue
  - a. Crowdsourcing think-aloud examples through human-AI collaboration